

VANCOUVER WOMEN'S HEALTH COLLECTIVE PRESENTS



Dinner & a Documentary



This video documents a group of senior citizens in Galveston, Texas, who gather twice a month to “re-member” their lives through poems and stories. We come to know and love these ordinary people who become elder guides for us. With honesty and poignancy, they model the art of accepting the past so that life in the present can be free of regret and open to affirmation.

With little or no prior experience, a group of senior citizens form a writing group. An endeavor that proves unexpectedly rewarding.

A surprising journey into the lives of older adults who fearlessly share their experiences that brought meaning to their lives. Sometimes painful, often funny, but always in focus, these life stories give hope that one, regardless of age, can find his or her own voice.

The first 15 people to register can save a spot. Email vwhc.centre@gmail.com or call 604 736 5262 to reserve now.



Women Helping Women Help Themselves Since 1972